

Dressage clinic with Helena Rouhe

Sunday, June 30th, 2024

First come, only 8 slots available

\$65.00 per clinic per rider

Bring check payable to Helena

(We will notify first 8 riders to sign up by email before the show weekend)

Name: _____

Youth or Adult: _____

Horse age and name: _____

Level currently showing at: _____

Anything Sepicific youd like to work on:

About Helena Rouhe Beat

An equestrian for the past forty-five years, competing in pony club, AQHA circuit regionally and nationally with multiple championships. Training is dressage since 1993. I am a USDF L graduate, I have earned my USDF Bronze, Bronze Bars and Silver medals. Successfully competed thru Intermediate-1 with some Grand Prix experience.

Connection between horse and rider is my passion. Understanding the biomechanics and mental state of the horse and rider pair both individually and and as a team is critical to creating a training plan that brings out the best in everyone. I work closely with trainers who understand this and help me with my own horse. Then I do my best to impart my knowledge to others to help them on their journey.

